# OUR HANDY 'SETTLING IN'GUIDE

#### Settling in Sessions at Woodland Wanderers:

We understand that making the transition to starting Nursery or Preschool can sometimes feel overwhelming to both yourself and your little one. That is why we offer two complementary 'settling in' sessions to allow your child to become familiarised with our setting surroundings and to feel safe and settled. It gives your child the chance to adjust slowly and integrate within the setting and get involved in the activity which the children are engaged in at the time.

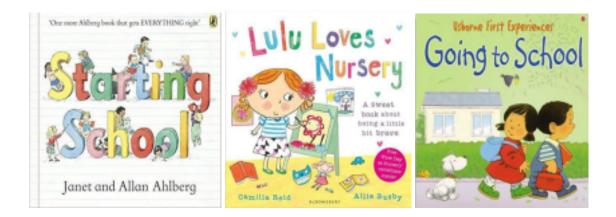
Many children adjust to change well and quickly, however sometimes children may be hesitant and tearful or clingy at first. Please do not worry if this is the case initially, every child is a unique individual and moves at their own pace. Our friendly, experienced practitioners will help to guide your child through this process to ensure it is a positive experience.

Once you have been offered a place with us, we will contact you to book these 'settling in' sessions ahead of your child's start date. Both these sessions last for approximately 1 hour and will provide you with the opportunity to meet our Manager or our Deputy Manager and ask any questions which you may have.

### Tips to making a positive settling in experience:

 Look through photos of our setting together – a great way to get your child used to Nursery ahead of time is to look through our photos together and start a conversation with them about what the day may look like. Our 'daily routine' guide on our website is a brilliant resource to get an idea on what your child will be getting up to.

- By filling out your child's 'All About Me' form (included in the information pack which will be made available to you upon enrolment) ahead of the 'settling in' session. You and your child can feel reassured that we are aware of certain toys that are special to them or particular language/words which makes them feel most comfortable for example.
- Shopping for your child's nursery essential kit together helping your child to choose their wellies or coat for example and starting a conversation about Forest School or our Woodentots Garden will help to get your child excited about the fun activities they can expect to engage in when they start with us.
- Read some books together there are many brilliant starting School/ Nursery books which you can read to your child ahead of time to help prepare them and get them excited. Here are a few examples below:



## Settling in Sessions at Nature Babies:

We offer two complementary 'settling in' sessions just the same as with our Woodland Wanderers Preschool, however with our Woodentots Nature Babies the sessions will be held in our beautiful and educational garden.

#### Directions to the garden:

If you walk over the railway bridge from Myddleton Road with Bowes Park station to your right, take the right pathway that follows the train track on your right. Our garden is down that pathway on the left and has our sign 'Woodentots'.

Both these sessions last for approximately an hour and will provide you with the opportunity to meet our Manager, or our Deputy Manager and ask any questions which you may have.

On occasion, in the event of extreme weather, the settling in sessions will be held at the setting itself.

We also give families the opportunity to book up to two 'half day' sessions (8-1pm) at an additional fee of £55 at the setting; thereafter, full day charges will apply from and the Manager will work closely with our families to gradually extend the time spent by the child at the setting.

For more information and handy guides please do visit our website:

www.woodlandwanderers.info